# University of Florida College of Public Health & Health Professions

PHC 6003: Epidemiology and Prevention of Chronic Disease and Disability (3 credit hours)

Fall 2020

Delivery Format: Online E-Learning on CANVAS

**Syllabus** 

Instructor Names: Stephen Kimmel, MD, MSCE; Hung Luu, MD, PhD

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**Graduate Assistants: TBN** 

Preferred Course Communications: Email: correspondence should copy both Dr. Kimmel and Dr. Luu.

#### **Prerequisites**

Introductory Epidemiology Course preferred or by consent of instructor.

#### **Course Overview**

This course will focus on the distribution and determents of major chronic diseases and their risk factors. Chronic diseases have been the leading cause of mortality for over 100 years and contribute to the majority of disability and health care visits in the US and the rest of the industrialized world. The list of individual chronic diseases of public health importance is extensive. This course will focus on conceptual and methodological issues related to the study of most chronic diseases. Cardiovascular disease and cancer will be the models for many of the epidemiologic examples used in this course, due to the extensive and established nature of their evidence base. The concepts and methods illustrated are pertinent to most other chronic diseases, and individual courses on their epidemiology can be taken for disease-specific content.

#### **Course Objectives and/or Goals**

- 1. To understand the multifactorial etiology and pathophysiology of chronic diseases.
- 2. To know the various epidemiologic study designs and their strengths/weaknesses in the study of etiology and natural history of chronic diseases.
- 3. To be able to define incident and prevalent cases of select chronic diseases, using traditional and clinical epidemiologic research methods.
- 4. To understand the concept of "risk factor" as it pertains to chronic diseases and the means to define them.
- 5. To be able to assess the evidence base for interventions at the individual and community levels which reduce the risk of chronic disease incidence and mortality.
- 6. To understand how epidemiologic studies of chronic disease are translated into diagnosis, treatment and prevention programs and policies.
- 7. To be able to read, interpret, and critique published reports of epidemiologic studies of chronic disease.

#### **Instructional Methods**

- 1) **Lectures**: This is an online, synchronous course that includes weekly lectures, take home essays, final exam, and participation in a team presentation.
- 2) **Readings**: Assigned readings in the required textbook or published literature are intended to supplement the lectures. Additional readings may be added during the course.

## 3) Assignments:

- a) In-class disscusion: Students will be required to engage in the discussions during classes.
- b) <u>Take home essay tests.</u> Two take home essays will be required but following their grading and review, will also be the topic of discussion.
- c) <u>Team presentations:</u> In teams of 2-4 students, a twenty-minute presentation will focus on a topic regarding a major chronic disease. The student teams will obtain preapproval of the topic by course director/graduate assistant and submit an organized twenty-minute presentation. These presentations will be carried out in the final four weeks of the course. Each student should participate equally in the presentation.
- d) <u>Final examination</u>: The final exam will consist of multiple choice questions including topics and concepts learned in the course.

# PHC 6003: Epidemiology of Chronic Disease and Disability Topical Outline/Course Schedule

| Week/Date            | Topic  | Lecturer                       | Required<br>Readings                                      | In-Class Discussion  |
|----------------------|--|--------------------------------|---|--|
| Week 1 Aug 25        | A. Course Introduction     B. Review of Syllabus   | Kimmel / Lu,<br>Student Intros | Course Syllabus   |  |
| Aug 20               | D. Henon of Synabad  |                                |   |  |
| Week 2 Aug 30 Sept 1 | A. Global Burden of Chronic     Disease     B. Biology of Chronic Disease:     Atherosclerosis | Kimmel                         | US Burden of<br>Disease (1)<br>Harris R., Chapter 1,<br>3 | Dwyer-Lindgren, L, Bertozzi-Villa A, et al. US County-Level Trends in Mortality Rates for Major Causes of Death, 1980-2014. JAMA 2016; 316:2385-2401 (2) |

| Week 3      | A.       | How do we<br>know that  | Kimmel   | Harris R.,<br>Chapter 2  | Gupta et al. Association of the Hospital<br>Readmissions Reduction Program  |  |  |  |  |  |
|-------------|----------|---|----------|--|---|--|--|--|--|--|
| Sept 6, 8   | В.<br>С. | chronic disease<br>is preventable?<br>Interrupted Time Series | Kimmel   | https://guides.uflib.uf  | Implementation With Readmission and Mortality Outcomes in Heart Failure (3)   |  |  |  |  |  |
|             | 0.       | Databases and UF Libguide                                     |          | health/topic   | Identify and discuss 3 Datasets in LibGuide   |  |  |  |  |  |
| Week 4      | A.       | Smoking   | Kimmel   | Harris R., (chapter 13)  |   |  |  |  |  |  |
| Sept 13, 15 | В.       | Epidemiology of Smoking and CVD/Cancer                        | Kimmel   | Hackshaw et al. The accumulated evidence   | Wills TA et al. E-cigarette use and respiratory disorders: an integrative review of converging evidence from  |  |  |  |  |  |
|             | Α.       | Second-hand smoke   | Kimmel   | on lung cancer and<br>environmental<br>tobacco smoke. BMJ.<br>1997 Oct 18;<br>315(7114):980-8. | epidemiological and laboratory studies. Eur Respir J. 2021 Jan 21;57(1):1901815.  O'Brien D et a Association between electronic cigarette use and tobacco   |  |  |  |  |  |
|             |          |   |          |  | cigarette smoking initiation in adolescents: a systematic review and meta-analysis. BMC Public Health. 2021 Jun 3;21(1):954.  |  |  |  |  |  |
| Week 5      | A.       | Randomized Clinical Trials                                    | Pepine   | CANTOS Trial (7)   |   |  |  |  |  |  |
| Sept 20, 22 | В.       | Randomized trial in CAD                                       |          |  | Critique of CANTOS Trial (7)<br>Ridker PM, et al. Antiinflammatory  |  |  |  |  |  |
|             | C.       | Selection of Topic for Team<br>Report                         | Falise   | Harris R. (chapter<br>relevant to team<br>report)  | Therapy with Canakinumab for Atherosclerotic Disease NEJM 2017; 377:1119-1131   |  |  |  |  |  |
|             |          |   |          |  | Identify team and topic   |  |  |  |  |  |
| Week 6      | A.       | Exercise  | Kimmel   |  | Take home essay due   |  |  |  |  |  |
| Sept 27, 29 | B.       | Triggering of MI  | Kimmel   |  | Discussion of Mittleman (8)   |  |  |  |  |  |
|             | C.       | Exercise and sudden death                                     | Kimmel   |  | Mittleman MA et al. Triggering of acute myocardial infarction by heavy physical exertion. Protection against triggering by regular exertion. Determinants of Myocardial Infarction Onset Study Investigators. N Engl J Med. 1993 Dec 2;329(23):1677-83. |  |  |  |  |  |
| Week 7      | C.       | Addressing Health Disparities in HIV                          | Canidate | TBD  | TBD   |  |  |  |  |  |
| Oct 4, 6    |          | 111 1 II V  |          |  |   |  |  |  |  |  |
|             |          |   |          |  |   |  |  |  |  |  |
|             |          |   |          |  |   |  |  |  |  |  |

| Week 8        | A. | Cancer Biology                | Luu        | Harris R,                                |  |
|---------------|----|-------------------------------|------------|--|--|
| Oct 11, 13    | В. | Introduction to Cancer        | Luu        | (Chapters 11, 12)                        |  |
|               | -  | Epidemiology                  | Luu        | /  | Hands-on experience with Florida Cancer  |
|               |    |                               |            | Cancer Staging,                          | Incidence  |
|               | C. | Cancer burden - Cancer        | Luu        | Chapter 14 (Cancer                       | https://www.flhealthcharts.gov/ChartsReports/rdPage.aspx?rdReport=NonVitalInd.Da |
|               | 0. | Registry and Surveillance     |            | Registry                                 | taViewer&cid=460   |
|               |    |                               |            | Management,<br>Principles and            |  |
|               |    |                               |            | Practices for hospitals                  |  |
|               | D. | Take home Essay #1            |            | and central registries, third edition)   |  |
|               |    | rand name zaday "             |            | ,  | Discussion of Take Home Essay  |
|               |    |                               |            | Bray F, Znaor A,                         |  |
|               |    |                               |            | Cueva P, Korir A,                        |  |
|               |    |                               |            | Swaminathan R,<br>Ullrich A, Wang SA,    |  |
|               |    |                               |            | Parkin DM. Planning                      |  |
|               |    |                               |            | and developing                           |  |
|               |    |                               |            | population-based cancer registration in  |  |
|               |    |                               |            | low-and middle-                          |  |
|               |    |                               |            | income settings.<br>International Agency |  |
|               |    |                               |            | for Research on                          |  |
|               |    |                               |            | Cancer, 2014.                            |  |
|               |    |                               |            | http://publications.iar                  |  |
|               |    |                               |            | c.fr/Book-And-<br>Report-Series/larc-    |  |
|               |    |                               |            | Technical-                               |  |
|               |    |                               |            | Publications/Plannin                     |  |
|               |    |                               |            | g-And-Developing-<br>Population-Based-   |  |
|               |    |                               |            | Cancer-Registration-                     |  |
|               |    |                               |            | In-LowAnd-Middle-                        |  |
|               |    |                               |            | Income-Settings-<br>2014                 |  |
| Week 9        | A. | Social Determinants of        | Vaddiparti |  |  |
| Oct 18, 20    |    | Health                        |            | Min YI, et al.                           |  |
|               | В. | Cardiovascular Disease        |            | Cardiovascular Disease Burden and        | Discussion : Forde AT et al.   |
|               | -  | and Socioeconomic             |            | Socioeconomic                            | Discrimination and Hypertension Risk Among African Americans in the Jackson      |
|               |    | Correlates                    |            | Correlates: Findings From the Jackson    | Heart Study. Hypertension. 2020  |
|               |    |                               |            | Heart Study. J Am                        | Sep;76(3):715-723.   |
|               |    |                               |            | Heart Assoc. 2017                        |  |
|               |    |                               |            | Aug 4;6(8)                               |  |
| Week 10       | A. | Obesity, Body Composition     | Luu        | Harris R.,                               | Paper Critique and Discussion  |
| 0 - 4 0 5 0 7 |    | and Metabolic Conditions with |            | Chapter 42                               | Kushiha A Masilassa T V  |
| Oct 25, 27    |    | Cancers                       |            | Kyrgiou M, Kalliala I,                   | Kuchiba A, Morikawa T, Yamauchi M,<br>Imamura Y, Liao X, Chan AT, et al. Body    |
|               |    |                               | Luu        | Markozannes G,                           | mass index and risk of colorectal cancer   |
|               |    |                               |            | Gunter MJ,<br>Paraskevaidis E,           | according to fatty acid synthase   |
|               |    |                               |            | Gabra H, et al.                          | expression in the nurses' health study. <u>J</u>                                 |
|               |    |                               |            | Adiposity and cancer at major anatomical | Natl_Cancer_Inst. 2012;104(5):415-20.  |
|               |    |                               |            | sites: umbrella review                   |  |
|               |    |                               |            | of the literature. BMJ.                  |  |

|                   |   |                   | 2017; 356: j477.   |  |
|-------------------|---|-------------------|--|--|
|                   |   |                   | Allott EH and Hursting SD. Obesity and cancer: mechanistic insights from transdisciplinary studies. Endocr Relat Cancer. 2015; 22(6):R365–R386.  Wojciechowska J, Krajewski W, Bolanowski M, Kręcicki T, Zatoński T. Diabetes and Cancer: a Review of Current Knowledge. Exp Clin Endocrinol Diabetes. 2016;124(5):263-75.   |  |
| Week 11  Nov 1, 3 | Molecular Epidemiology in Cancer Research      NASH, NAFLD/MALFD and Liver Cancer | Luu               | Jimmie B. Vaught and Marianne K. Henderson. Chapter 2- Biological Sample Collection, Processing, Storage and Information Management. In Molecular Epidemiology: Principles and Practices, 1st Edition. Edited by Rothman N, Hainaut P, Schulte P, Smith M, Boffetta P and Perera F. International Agency for Research on Cancer, Lyon, France 2012.  Harris R., Chapter 45 | Take Home Essay due  Paper Critique and Discussion  Liao X, Lochhead P, Nishihara R, Morikawa T, Kuchiba A, Yamauchi M, Imamura Y, Qian ZR, Baba Y, Shima K, Sun R, Nosho K, Meyerhardt JA, Giovannucci E, Fuchs CS, Chan AT, Ogino S. Aspirin use, tumor PIK3CA mutation, and colorectal-cancer survival. N Engl J Med. 2012; 367(17):1596-606  Powell EE, Wong VW, Rinella M. Non- alcoholic fatty liver disease. Lancet. 2021 Jun 5;397(10290):2212-2224. |
| Week 12           | A. Nutrition, diet and cancers  | Luu               | Willett W and Lenart<br>E. Reproducibility and   | Collect take home essay #2   |
| Nov 8, 10         | <ul><li>B. Dietary intake measurement</li><li>C. Team Report #1,#2</li></ul>      | Luu<br>Kimmel/Luu | validity of food<br>frequency<br>questionnaires. In<br>Nutritional<br>Epidemiology. Walter<br>Willett. 3 <sup>rd</sup> Edition.<br>Oxford University   | Paper Critique and Discussion Lüchtenborg M, Weijenberg MP, deRoemen GM, et al. Meat and fish consumption, APC gene mutations and hMLH1 expression in colon and rectal cancer: a prospective cohort study (The   |
|                   |   |                   | Press. New York, NY.<br>2013.  | Netherlands). Cancer Causes Control.<br>2005;16(9):1041-54. Goeij AF, Wark PA,<br>Brink M,   |

|                           |  |           | Willett WC, Stampfer MJ. Total energy  |  |
|---------------------------|--|-----------|--|--|
|                           |  |           | intake: Implications<br>for epidemiologic<br>analyses. Am J<br>Epidemiol<br>1986;124:17–27.  | Presentations and Discussion   |
|                           |  |           | AHA/ACC<br>Guidelines (14)<br>Harris R., Chapters  |  |
|                           |  |           | specific to student presentations  |  |
| <b>Week 13</b> Nov 15, 17 | A. Viruses and Cancer (and/or Endocrine related cancers)   | Luu       | Harris R.,<br>Chapter 24   | Discussion of Take Home Essays   |
|                           | B. Hormones and Breast Cancer  | Luu       | Harris R.,   | Presentations and Discussion   |
|                           | C. Take home essay #2  | Falise    | Chapter 21   | Paper Critique and Discussion  |
|                           | D. Team Report #3, #4  | Kimmel/Lu | Harris R., Chapters specific to student presentations  | Nyitray AG, Carvalho da Silva RJ, Baggio ML, Smith D, Abrahamsen M, Papenfuss M, et al. Six-month incidence, persistence, and factors associated with persistence of anal human papillomavirus in men: the HPV in men study. J Infect Dis. 2011;204(11):1711-22. |
| Week 14  Nov 22           | Chronicity X3: Mental Health Disorders Are, Increase Risk for and Accompany Chronic Diseases (CD)Mental health epi (Striley) | Striley   | Solis EC, et al. The 9-year clinical course of depressive and anxiety disorders: New NESDA findings. J Affect Disord. 2021;295:1269-1279. doi:10.1016/j.jad.20 21.08.108  Perry BI, et I. Dysglycaemia, Inflammation and Psychosis: Findings from the UK ALSPAC Birth Cohort. Schizophrenia Bulletin. 2019;45(2):330-338. https://doi.org/10.10 93/schbul/sby040  Liu NH, et al. Excess mortality in persons with severe mental disorders: a multilevel intervention | TBD  |

|                       |                                       |                  | priorities for clinical<br>practice, policy and<br>research agendas.<br>World Psychiatry.<br>2017;16(1):30-40.<br>doi:10.1002/wps.20<br>384 |   |
|-----------------------|---------------------------------------|------------------|---|---|
| Week 15               |                                       | Pearson          | Harris R.,<br>Chapter 47  | - |
| Nov 29, Dec 1         | A. Team Project #7, #8                | Pearson          | AHA/ACC<br>Guidelines (17)  | - |
|                       |                                       | TA               | Harris R., Chapters specific to student presentations   |   |
| <b>Week 16</b> Dec 6  | Course reviews and evaluations     B. | Kimmel/<br>Lu/TA |   |   |
| <b>Week 17</b> Dec 13 | Final examination                     |                  |   |   |

#### **Course Instructors and Invited Lecturers**

- Stephen E. Kimmel, MD, MSCE
- Hung Luu, PhD
- Carl Pepine, MD
- Krishna Vaddiparti, PhD, MPE, MSW
- Shantrel candidate, PhD, MPH
- Natalie Chichetto, PhD, MSW
- Alyssa Falise

## **Course Materials and Technology Requirements**

The required text is: Epidemiology of Chronic Diseases: Global Perspectives, Randall E. Harris, Publisher: Jones & Bartlett Learning, ISBN: 9781449653286

Completion of the assigned readings from this text is mandatory. Other readings will be selected from articles published in peer reviewed journals. Lecture presentations will highlight, review, and expand upon the most important aspects of the assigned reading materials. Students are still responsible for mastering any content from the assigned readings, exercises, or assignments that is NOT covered in a lecture presentation. Exams will cover all course content covered in assigned readings, exercises, discussions, and lecture presentations.

Articles and other resources will be posted on e-Learning.

- 1. The US Burden of Disease Collaborators. The State of US Health, 1990-2016. JAMA 2017:I 319:1444-1472.
- 2. Dwyer-Lindgren, L, Bertozzi-Villa A, et al. US County-Level Trends in Mortality Rates for Major Causes of Death, 1980-2014. JAMA 2016; 316:2385-2401
- 3. Gupta et al. Association of the Hospital Readmissions Reduction Program Implementation With Readmission and Mortality Outcomes in Heart Failure. JAMA Cardiol. 2018 Jan 1;3(1):44-53
- 4. Hackshaw et al. The accumulated evidence on lung cancer and environmental tobacco smoke. BMJ. 1997 Oct 18; 315(7114):980-8.
- Wills TA et al. E-cigarette use and respiratory disorders: an integrative review of converging evidence from epidemiological and laboratory studies. Eur Respir J. 2021 Jan 21;57(1):1901815.
- 6. O'Brien D et a Association between electronic cigarette use and tobacco cigarette smoking initiation in adolescents: a systematic review and meta-analysis. BMC Public Health. 2021 Jun 3;21(1):954.
- 7. Ridker PM, et al. Antiinflammatory Therapy with Canakinumab for Atherosclerotic Disease NEJM 2017; 377:1119-1131
- 8. Mittleman MA et al. Triggering of acute myocardial infarction by heavy physical exertion. Protection against triggering by regular exertion. Determinants of Myocardial Infarction Onset Study Investigators. N Engl J Med. 1993 Dec 2;329(23):1677-83.
- 9. Cancer Staging, Chapter 14 (Cancer Registry Management, Principles and Practices for hospitals and central registries, third edition)
- 10. Bray F, Znaor A, Cueva P, Korir A, Swaminathan R, Ullrich A, Wang SA, Parkin DM. Planning and developing population-based cancer registration in low-and middle-income settings. International Agency for Research on Cancer, 2014.
- Planning and Developing Population-Based Cancer Registration in Low- and Middle-Income Settings. <a href="http://publications.iarc.fr/Book-And-Report-Series/larc-Technical-Publications/Planning-And-Developing-Population-Based-Cancer-Registration-In-Low--And-Middle-Income-Settings-2014">http://publications.iarc.fr/Book-And-Report-Series/larc-Technical-Publications/Planning-And-Developing-Population-Based-Cancer-Registration-In-Low--And-Middle-Income-Settings-2014</a>
- 12. Min YI, et al. Cardiovascular Disease Burden and Socioeconomic Correlates: Findings From the Jackson Heart Study. J Am Heart Assoc. 2017 Aug 4;6(8)
- 13. Discrimination and Hypertension Risk Among African Americans in the Jackson Heart Study. Hypertension. 2020 Sep;76(3):715-723.
- 14. Kyrgiou M, Kalliala I, Markozannes G, Gunter MJ, Paraskevaidis E, Gabra H, et al. Adiposity and cancer at major anatomical sites: umbrella review of the literature. BMJ. 2017; 356: j477
- 15. Allott EH and Hursting SD. Obesity and cancer: mechanistic insights from transdisciplinary studies. Endocr Relat Cancer. 2015;22(6):R365–R386.
- 16. Wojciechowska J, Krajewski W, Bolanowski M, Kręcicki T, Zatoński T. Diabetes and Cancer: a Review of Current Knowledge. Exp Clin Endocrinol Diabetes. 2016;124(5):263-75
- 17. Kuchiba A, Morikawa T, Yamauchi M, Imamura Y, Liao X, Chan AT, et al. Body mass index and risk of colorectal cancer according to fatty acid synthase expression in the nurses' health study. J Natl Cancer Inst. 2012;104(5):415-20.
- 18. Jimmie B. Vaught and Marianne K. Henderson. Chapter 2- Biological Sample Collection, Processing, Storage and Information Management. In Molecular Epidemiology: Principles and Practices, 1st Edition. Edited by Rothman N, Hainaut P, Schulte P, Smith M, Boffetta P and Perera F. International Agency for Research on Cancer, Lyon, France 2012.

- Liao X, Lochhead P, Nishihara R, Morikawa T, Kuchiba A, Yamauchi M, Imamura Y, Qian ZR, Baba Y, Shima K, Sun R, Nosho K, Meyerhardt JA, Giovannucci E, Fuchs CS, Chan AT, Ogino S. Aspirin use, tumor PIK3CA mutation, and colorectal-cancer survival. N Engl J Med. 2012; 367(17):1596-606
- 20. Powell EE, Wong VW, Rinella M. Non-alcoholic fatty liver disease. Lancet. 2021 Jun 5;397(10290):2212-2224
- Willett W and Lenart E. Reproducibility and validity of food frequency questionnaires. In Nutritional Epidemiology. Walter Willett. 3rd Edition. Oxford University Press. New York, NY. 2013.
- 22. Willett WC, Stampfer MJ. Total energy intake: Implications for epidemiologic analyses. Am J Epidemiol 1986;124:17–27
- Lüchtenborg M, Weijenberg MP, deRoemen GM, et al. Meat and fish consumption, APC gene mutations and hMLH1 expression in colon and rectal cancer: a prospective cohort study (The Netherlands). Cancer Causes Control. 2005;16(9):1041-54.
- 24. Nyitray AG, Carvalho da Silva RJ, Baggio ML, Smith D, Abrahamsen M, Papenfuss M, et al. Six-month incidence, persistence, and factors associated with persistence of anal human papillomavirus in men: the HPV in men study. J Infect Dis. 2011;204(11):1711-22
- Solis EC, et al. The 9-year clinical course of depressive and anxiety disorders: New NESDA findings. J Affect Disord. 2021;295:1269-1279. doi:10.1016/j.jad.2021.08.108
- Perry BI, et I. Dysglycaemia, Inflammation and Psychosis: Findings from the UK ALSPAC Birth Cohort. Schizophrenia Bulletin. 2019;45(2):330-338. https://doi.org/10.1093/schbul/sby040
- 27. Liu NH, et al. Excess mortality in persons with severe mental disorders: a multilevel intervention framework and priorities for clinical practice, policy and research agendas. World Psychiatry. 2017;16(1):30-40. doi:10.1002/wps.20384

#### **Required Equipment**

Computer with high-speed internet access and use of a supported browser. Please refer to the student computing requirements listed on the Online Student Resources page. This course is delivered entirely online using the University of Florida's e-Learning in Canvas Course Management System. To access this course, you will use your Gatorlink ID and password to login to the course (via Canvas).

#### **Technical Support**

For technical support for this class, please contact the UF Help Desk at:

- helpdesk@ufl.edu
- (352) 392-HELP select option 2
- https://helpdesk.ufl.edu/

## **Additional Academic Resources**

<u>Career Connections Center</u>: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

<u>Library Support</u>: Various ways to receive assistance with respect to using the libraries or finding resources. <u>Teaching Center</u>: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: <u>Visit the Student Honor Code and Student Conduct Code webpage for more information</u>.

On-Line Student

## **ACADEMIC REQUIREMENTS AND GRADING**

#### The evaluation of student performance in PHC 6003 will consist of four parts:

<u>Final examination (30%):</u> This will be an online multiple choice question examination to assess comprehension of course materials and cognitive learning objectives. Material for the entire course will be assessed. Two hours are allotted to the examination, followed by an open discussion board to address questions.

<u>Two take-home essay tests: (30% total -15% each)</u> This will be an open-book test with essay format. These essays will test comprehension and skill objectives for the course. Individual essays will be graded with comments and a discussion for student questions will be held one week after the examination is submitted.

<u>Team presentations: (25%)</u> These will be a 20 minute oral presentation by teams of 2-4 students. Team will be asked to present a formal discussion of an issue in the chronic disease of their choice, according to those chapters in the Harris et al textbook. The same grade will be given to all members of the team unless all students do not contribute to the presentation. This will assess the comprehension skills and learning objectives.

<u>Class Discussion: (15%)</u> This will assess engagement of the student in discussion of the assignments, essays tests, and team presentations.

## Point system used (i.e., how do course points translate into letter grades).

| Points earned   | 93%- | 90%- | 87%- | 83%- | 80%- | 77%- | 73%- | 70%- | 67%- | 63%- | 60%- | Below |
|-----------------|------|------|------|------|------|------|------|------|------|------|------|-------|
|                 | 100% | 92%  | 89%  | 86%  | 82%  | 79%  | 76%  | 72%  | 69%  | 66%  | 62%  | 60%   |
| Letter<br>Grade | А    | A-   | B+   | В    | B-   | C+   | С    | C-   | D+   | D    | D-   | Е     |

Please be aware that a C- is not an acceptable grade for graduate students. A grade of C counts toward a graduate degree only if an equal number of credits in courses numbered 5000 or higher have been earned with an A. In addition, the Bachelor of Health Science Program does not use C- grades.

### Letter grade to grade point conversions are fixed by UF and cannot be changed.

| Letter<br>Grade | Α   | A-   | B+   | В   | B-   | C+   | С   | C-   | D+   | D   | D-   | Е   | WF  | I   | NG  | S-U |
|-----------------|-----|------|------|-----|------|------|-----|------|------|-----|------|-----|-----|-----|-----|-----|
| Grade<br>Points | 4.0 | 3.67 | 3.33 | 3.0 | 2.67 | 2.33 | 2.0 | 1.67 | 1.33 | 1.0 | 0.67 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |

For greater detail on the meaning of letter grades and university policies related to them, see the Grading and Grade Policies posted by the Registrar's Office.

#### **Exam Policy**

Policy Related to Make up Exams or Other Work

Students will be allowed to make-up quizzes, assignments, and discussion board activities for acceptable reasons as described in the Graduate Catalog. See:

http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#attendance

If you are unable to submit an assignment on time, it is your responsibility to contact the instructor through email as soon as possible to request an alternate arrangement and due date. If an alternate arrangement is not requested or offered then no credit will be given for the assignment. Any approved make-up assignments should be submitted to the instructor through email.

Please note: Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

#### Policy Related to Required Attendance

This is an online course and therefore, attendance means you are expected to complete the course learning activities so that you meet the established deadlines. Please note all faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

Students who wish to drop from the course must do so by the drop/add deadline established by the Office of the University Registrar. Students must not assume they will be automatically dropped if they fail to participate in the course learning activities.

## STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT Expectations Regarding Course Behavior

#### **Communication Guidelines**

The preferred mode of communication with the course instructors is via email feature on Canvas. While emailing instructors, please make sure to copy both instructor and graduate assistant on the mail and always check the box, 'Send an individual message to each recipient". This way we can ensure prompt response to your emails.

#### **Participation**

Professional and respectful behavior is expected of all students participating in this course. Please be aware that all assignments and homework are due on the specified date and time.

#### **Academic Integrity**

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

"We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity."

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

"On my honor, I have neither given nor received unauthorized aid in doing this assignment."

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida

will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Codes information at the Dean of Students Office website or the Academic Expectations information at the Graduate School website for additional details.

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

### **Online Faculty Course Evaluation Process**

Students are expected to provide feedback on the quality of instruction in this course by completing online Faculty Course Evaluations. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary Results of these assessments are available to students.

#### SUPPORT SERVICES

#### **Accommodations for Students with Disabilities**

If you require coursework accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office http://www.dso.ufl.edu within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

#### **Counseling and Student Health**

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

The Counseling and Wellness Center (352-392-1575) offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Online and in person assistance is available.

If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.

The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is 10

located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the Student Health Care Center website.

Crisis intervention is always available 24/7 from the Alachua County Crisis Center at (352) 264-6789.

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

#### **INCLUSIVE LEARNING ENVIRONMENT**

Public health and health professions are based on belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace the University of Florida's Non-Discrimination Policy, which reads:

"The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act."

If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website.

### **Campus Resources:**

Academic Resources

**E-learning technical support**, 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu. https://lss.at.ufl.edu/help.shtml.

Career Resource Center, Reitz Union, 392-1601. Career assistance and counseling. https://www.crc.ufl.edu/.

**Library Support**, <a href="http://cms.uflib.ufl.edu/ask">http://cms.uflib.ufl.edu/ask</a>. Various ways to receive assistance with respect to using the libraries or finding resources.

**Teaching Center**, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring. <a href="https://teachingcenter.ufl.edu/">https://teachingcenter.ufl.edu/</a>.

**Writing Studio**, **302 Tigert Hall**, 846-1138. Help brainstorming, formatting, and writing papers. <a href="https://writing.ufl.edu/writing-studio/">https://writing.ufl.edu/writing-studio/</a>.

Student Complaints Campus: <a href="https://www.dso.ufl.edu/documents/UF\_Complaints\_policy.pdf">https://www.dso.ufl.edu/documents/UF\_Complaints\_policy.pdf</a>.

On-Line Students Complaints: <a href="http://www.distance.ufl.edu/student-complaint-process">http://www.distance.ufl.edu/student-complaint-process</a>.