

1

University of Florida
College of Public Health & Health Professions Syllabus
PHC 6704: Community-Based Participatory
Research Section Number: TBA
Credit Hours: 3
Fall 2021
Delivery Format: Online
Course: <http://lss.at.ufl.edu>

Instructor: Sarah Catalanotto, MPH, CTTS
Phone number: 352-256-7080
Email Address: scatalanotto@phhp.ufl.edu
Office Hours: By appointment

Preferred Course of Communication: Email on Course site- You have email on the course site under the "Inbox" tool. This is the preferred method of communication, and this is how I will contact you if necessary. I only check the course website once daily, if you have questions or need to contact me in a more timely fashion please contact me using my scatalanotto@phhp.ufl.edu account.

Prerequisites: PHC 6000 Epidemiology Methods I

PURPOSE AND OUTCOME

Course Overview:

This course is to provide an overview of theories, principles, and strategies associated with Community-Based Participatory Research (CBPR). This introductory course is intended for graduate students and community practitioners interested in adding CBPR to their repertoire of effective approaches to understanding and addressing social and health disparities in public health.

Relation to Program Outcomes:

Community-based participatory research (CBPR) is a widely accepted collaborative approach to research that works to understand and protect public health by involving all partners in the research process. CBPR has emerged in the last decades to bridge the gap between science and practice through community engagement and social action to increase health equity

This is a highly interactive class with the goal to provide participants with an overview of theories, principles, and strategies associated with how to conduct public health research using the principles of Community-Based Participatory Research (CBPR). This introductory course on CBPR is intended for graduate students and community practitioners interested in adding CBPR to their repertoire of effective approaches to understanding and addressing social and health disparities in public health. We will explore topics such as the purpose and applications of CBPR; partnership formation and maintenance; issues of power, trust, race, class, and social justice; cultural competency; ethical issues; and CBPR's relationship to cultural knowledge systems.

Active engagement in the course will provide participants with the knowledge and skills necessary to co-develop and participate in CBPR projects, as well as a critical awareness of the advantages and limitations of CBPR. The course will reflect an interdisciplinary perspective while using CBPR's philosophical commitment to co-teaching and co-learning. This course is not a methodology course. CBPR is an approach to conducting research that is amenable to a variety of

College of Public Health & Health Professions Syllabus

research designs and methodologies. This course focuses on the CBPR approach to research and will not cover topics such as survey design, quantitative methods, qualitative methods, focus groups, community needs assessment procedures, etc.

As a model of the participatory approach, the course content will be responsive to needs and expressed interests of students, within the broad categories of topics aligned within course objectives.

Course Objectives and/or Goals

At the end of this course, you should be able to:

- Describe the conceptual and philosophical roots of community-based public health research.
- Compare various approaches to community-based research.
- Explain the process and challenges of forming, maintaining and sustaining partnerships with communities for CBPR.
- Understand CBPR as a strategy to address social justice, policy or systems change issues
- Assess the ethical challenges in co-conducting research with communities.
- Explain the positions of CBPR proponents and critics.
- Evaluate the importance of governance structures, cultural humility/cultural competency, and participatory evaluation in the design and implementation of CBPR as strategies to address power dynamics and ethical issues appropriately.
- Conduct a mock CBPR research project.

Instructional Methods

1. Lectures: are for general orientation. Students are responsible for all the material presented in the course and assigned readings.
2. Readings and Resources: Supplementary readings and resources will be posted in the course. The reading list may be supplemented during the course.
3. Assessments: A variety of assessments will be used in this course, including but not limited to discussions, assignments, journal club presentations, final projects, written critique, community agency interview and exams.

What is expected of you?

You are expected to actively engage in the course throughout the semester. Your participation fosters a rich course experience for you and your peers that facilitate overall mastery of the course objectives. Please check announcements often. Weeks begin on Monday and end of Sundays. Modules for the week will launch by midnight on Sunday or sooner. Assignments, unless noted, are due on Sunday by midnight.

Getting Started

The first assignment in this course is Discussion Board 1 – Introduce yourself. This is a graded assignment to allow the instructor and students to get to know each other better. Please complete this as soon as possible, but no later than 8/29. Please click on “Modules” tool, here you will find the course materials that you will take you through to the last week of the course. You will start with Week 1.

College of Public Health & Health Professions Syllabus

Topical Outline/Course Schedule

Week	Date	Topic	Reading/Assignments/Activities
1	8/23-8/29	<p>Topics: (1) Introduction to the course (2) Review Syllabus</p> <p>Lectures:</p> <ul style="list-style-type: none"> Introduction to course/ Review Syllabus Introduction to each other 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> None <p>Class Activity /Assignment Due:</p> <ul style="list-style-type: none"> Discussion Board 1: Introduction: Please introduce yourself to your fellow classmates. Include: Name, area of experience, what “community(ies)” do you belong to (mandatory discussion board for all students and due by 8/29)
2	8/30-9/5	<p>Topic: (1) CBPR Historical and Theoretical Foundations of CBPR (2) Nine Principles of CBPR (3) Template for Journal Club</p> <p>Lectures:</p> <ul style="list-style-type: none"> Historical and Theoretical Foundations of CBPR Nine Principles of CBPR Template for Journal Club 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> Guta, A., Flicker, S., & Roche, B. (2013). Governing through community allegiance: a qualitative examination of peer research in community-based participatory research. <i>Critical Public Health</i>, 23(4), 432-451. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3827674/ Wallerstein, N., & Duran, B. (2010). Community-based participatory research contributions to intervention research: the intersection of science and practice to improve health equity. <i>American journal of public health</i>, 100 Suppl 1(Suppl 1), S40–S46. https://doi.org/10.2105/AJPH.2009.184036 <p>Class Activity</p> <ul style="list-style-type: none"> None
3	9/6-9/12	<p>Topics: (1) The Role of the Community in CBPR</p> <p>Lectures:</p> <ul style="list-style-type: none"> The Role of Community and role of the Scholars 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> Coombe, C. M., Schulz, A. J., Guluma, L., Allen, A. J., 3rd, Gray, C., Brakefield-Caldwell, W., Guzman, J. R., Lewis, T. C., Reyes, A. G., Rowe, Z., Pappas, L. A., & Israel, B. A. (2020). Enhancing Capacity of Community-Academic Partnerships to Achieve Health Equity: Results From the CBPR Partnership Academy. <i>Health promotion practice</i>, 21(4), 552–563. https://doi.org/10.1177/1524839918818830 <p>Assignment Due</p> <ul style="list-style-type: none"> Sign up to critique a Journal Club Article by 9/12
4	9/13-9/19	<p>Topics: (1) Challenges and Opportunities with CBPR (2) Journal Club by Sarah</p> <p>Lectures:</p> <ul style="list-style-type: none"> Challenges and Opportunities with CBPR Journal Club by Sarah 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> Friedman Ross, L., Loup, A., Nelson, R., Botkin, J., Kost, R., Smith, G., et al. (2010). The challenges of collaboration for academic and community partners in a research partnership: Points to consider. <i>J Empir Res Hum Res Ethics</i>, 5(1), 19-31. doi:10.1525/jer.2010.5.1.19. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2946316/

University of Florida
College of Public Health & Health Professions Syllabus

5	9/20-9/26	<p>Topic: (1) Working with Minority and Special Populations</p> <p>Lecture:</p> <ul style="list-style-type: none"> • Guest Lecture: Laura K. Guyer, PhD, MEd, RDN <ul style="list-style-type: none"> ○ Cultural Competency • Journal Club (1st week of presentations) 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> • Journal Article 1: TBA • Journal Article 2: TBA • Journal Article 3: TBA • Journal Article 4: TBA <p>JC Discussions:</p> <ul style="list-style-type: none"> • After watching the Journal Club presentations. Reply to at least one of the three posted question
6	9/27-10/3	<p>Topics: (1) Ethics in CBPR</p> <p>Lectures:</p> <ul style="list-style-type: none"> • Guest Lecture: Frank Catalanotto, DMD Professor, Department of Community Dentistry and Behavioral Science, University of Florida College of Dentistry <ul style="list-style-type: none"> ○ Ethics in CBPR 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> • Elena M. Bastida, Tung-Sung Tseng, Corliss McKeever and Leonard Jack, Jr Ethics and Community-Based Participatory Research: Perspectives from the Field Health. PromotPract 2010 11: 16. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3012623 • Journal Article 5: TBA • Journal Article 6: TBA • Journal Article 7: TBA • Journal Article 8: TBA <p>Class Activity:</p> <ul style="list-style-type: none"> • After watching the Journal Club presentations. Reply to at least one of the three posted question
7	10/4-10/10	<p>Topic:</p> <p>(1) Developing and Maintaining Partnerships</p> <p>(2) CBPR Community Assessment</p> <p>Lectures:</p> <ul style="list-style-type: none"> • Developing Community Partnerships and Helping Make the Glue Stick • Community Assessment • Journal Club 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> • TBA <p>Assignment:</p> <ul style="list-style-type: none"> • Community Partnership Activity due by 10/10
8	10/11-10/17	<p>Topic: (1) Working with Minority and Special Populations Continued</p> <p>Lectures:</p> <ul style="list-style-type: none"> • Guest Lecture-TBA 	<p>Assigned Readings/Videos:</p> <ul style="list-style-type: none"> • Journal Article 9: TBA • Journal Article 10: TBA • Journal Article 11: TBA • Journal Article 12: TBA • Watch: Cultural Humility Juliana Mosley, Ph.D. TEDxWestChester, Dec 1, 2017: https://www.youtube.com/watch?v=Ww_ml21L7Ns <p>Class Activity:</p> <ul style="list-style-type: none"> • After watching the Journal Club presentations. Reply to at least one of the three posted questions.

University of Florida
College of Public Health & Health Professions Syllabus

9	10/18-10/24	<p>Topic: Working with Special Populations Continued</p> <p>Lectures:</p> <ul style="list-style-type: none"> Journal Club 	<p>Assigned Reading/Videos:</p> <ul style="list-style-type: none"> Watch: The Danger of the Single Story: Chimamanda Ngozi Adichie http://www.ted.com/talks/chimamanda_adichie_the_danger_of_a_single_story.html <p>Assignment:</p> <ul style="list-style-type: none"> Due 10/24: One-page reflection paper on: “How have you experienced the “single story” issue either as the recipient or the imposer of the single story?
10	10/26-10/31	<p>Topic: (1) Capacity Building and Sustainability</p> <p>Lectures:</p> <ul style="list-style-type: none"> Capacity Building and Sustainability 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> Journal Club 13: TBA Journal Club 14: TBA Journal Club 15: TBA Journal Club 16: TBA Hacker, K., Tendulkar, S. A., Rideout, C., Bhuiya, N., Trinh-Shevrin, C., Savage, C. P., Grullon, M., Strelnick, H., Leung, C., & DiGirolamo, A. (2012). Community capacity building and sustainability: outcomes of community-based participatory research. <i>Progress in community health partnerships : research, education, and action</i>, 6(3), 349–360. https://doi.org/10.1353/cpr.2012.0048 Allen, M.L., Culhane-Pera, K.A., Pergament, S. and Call, K.T. (2011), A Capacity Building Program to Promote CBPR Partnerships between Academic Researchers and Community Members. <i>Clinical and Translational Science</i>, 4: 428-433. https://doi.org/10.1111/j.1752-8062.2011.00362.x <p>Class Activity:</p> <ul style="list-style-type: none"> After watching the Journal Club presentations. Reply to at least one of the three posted questions
11	11/1-11/7	<p>Topic: (1) Dissemination and Application of CRPR Results</p> <p>Lectures:</p> <ul style="list-style-type: none"> Guest Lecture: Laura K. Guyer, PhD, MEd, RDN o Health Literary Dissemination and Application of CBPR results 	<p>Assigned Readings:</p> <ul style="list-style-type: none"> Journal Club 17: TBA Journal Club 18: TBA Journal Club 19: TBA Journal Club 20: TBA Peggy G. Chen, MD, MSc, MHS, Nitza Diaz, Ph.D., MS, Georgina Lucas, MSW, Marjorie S. Rosenthal, MD, MPH. Dissemination of Results in Community-Based Participatory Research. <i>Am J Prev Med</i> 2010;39(4):372–378. See Course Reserves to read the article. <p>Class Activity:</p> <ul style="list-style-type: none"> After watching the Journal Club presentations. Reply to at least one of the three posted questions
12	11/8-11/14	<p>Topic: (1) CBPR Research Methods</p>	<p>Assigned Readings:</p> <ul style="list-style-type: none"> Miller, PK., Waghiyi, V., Welfinger-Smith, G., Byrne, SC., Kava, J., & Gologergen, J. et al. (2013). Community-based participatory research projects and policy engagement to protect environmental health on St. Lawrence Island, Alaska. <i>Int J Circumplor Health</i>, 72:21656. http://dx.doi.org/10.3402/ijch.v72i0.21656 . Margaret W Leung, Irene H Yen, and Meredith Minkler. Community-based participatory research: a promising approach for increasing epidemiology’s relevance in the 21st

			<p>century. International Journal of Epidemiology 2004;33:499–506 http://ije.oxfordjournals.org/content/33/3/499.full</p> <p>Assignment Due:</p> <ul style="list-style-type: none"> • Interview papers due by 11/14
13	11/15-11/21	Topic: (1) Budgeting and Advocacy/Policy Making	<p>Assigned Reading:</p> <ul style="list-style-type: none"> • Journal Article 21: TBA • Journal Article 22: TBA • Journal Article 23: TBA <p>Class Activity:</p> <p>After watching the Journal Club presentations. Reply to at least one of the three posted questions</p>
14	11/22-11/28	Work on Group Project	<p>Assigned Reading:</p> <ul style="list-style-type: none"> • None
15	11/29-12/5	Final project presentations	<p>Assigned Reading:</p> <ul style="list-style-type: none"> • None <p>Assignment Due:</p> <ul style="list-style-type: none"> • Final Project Due 12/5
16	4/26	Peer Review and Final Exam	<p>Assigned Reading:</p> <ul style="list-style-type: none"> • None <p>Class Activity: Peer Grading by 12/12</p> <p>Assignment Due:</p> <ul style="list-style-type: none"> • Final Exam by 12/12

Course Materials and Technology

1. Lectures – provide a general overview of each topic.
2. Required readings and materials
 - Supplemental readings will be assigned for lectures and are posted by topic under the course schedule.
3. Examination: Students are expected to take the examination on the scheduled date and time. The exam worth is 10% of your final grade.
4. Discussion Boards:
 - The first mandatory discussion board is due the first week of class; this is for you to introduce yourself to the class. (5% of your discussion board grade)
 - Journal Club Discussion:
 1. Each student is required to:
 - read the assigned weekly articles
 - to watch the Facilitators presentations
 - then **reply to one of the three questions** that each facilitator posts during the week (**you must reply to one question from each journal club article before the end of the week**) on the assigned discussion board. The discussion answers are worth 10% of your grade and will be graded on the quality of your post.
 - The rest of the discussion boards are designed for discussion on specific topics. These are optional discussion boards; it is your choice to post to these. If you do choose to post it must be something that is appropriate to the topic. There is also a general discussion board section, an assignment and project discussion board section, timely topic discussion boards, and a board to discuss the exam. These discussion boards are not for grades but to assist you in the course.
5. Journal Club Assignments:

College of Public Health & Health Professions Syllabus

- Each student will facilitate one journal club (JC) throughout the semester. Students will select one article from the list of required course readings. **Students should sign up for their article selections on the sign up board/module by 10/3.** View the JC example provided and watch the lecture on how to conduct the critique.
- You will take the role of Facilitator. In this capacity, the student will lead the class in a review of the assigned article by recording themselves and then having your fellow classmates observe your critique. Each critique will need to include: the goals of the article, its use of CBPR principles, its strengths and weaknesses, implications for CBPR and directions for future research. As part of this assignment, the facilitator will prepare three thoughtful questions based on the article and will then use these questions to lead the journal club discussion. The Facilitator will lead the discussion by posting their questions at the end of their presentation and again on the class Discussion Board. Students will answer one question using the Discussion Board on the course website. Facilitators are expected to moderate the discussion and reply appropriately.
- Critiques should be approximately 10 minutes long and in video format. You must post your video by the Monday before we discuss them in the course. Post the link and title of your presentation by your name and the article you are reviewing on the discussion board. JC is worth 20% of your grade. Grades will be determined on your presentation and following the prescribed outline provided.

6. Class Assignment

- Community Partnership Activity: Follow information under the assignment tool on the course website. This activity is worth 5% of your final grade. This assignment is due 10/10
- Reflection paper on: The Danger of the Single Story: Chimamanda Ngozi Adichie assigned this semester. Follow the directions under the Assignment tool on the course website. This activity is worth 5% of your final grade. This assignment is due 10/24.

7. Community Agency Interview Reflection Paper

- The purpose of this interview is to:
 - Understand the role of community partners in CBPR
 - Explore the perceptions of community agencies on CBPR
 - Provide experience using qualitative methods to derive community opinions and perspectives
- Students are expected to accomplish the following activities:
 - Interview a representative from a community agency that utilizes CBPR to determine:
 - Their perspective on CBPR
 - Their definition of the role of community agencies/partners in CBPR
 - Their experience working collaboratively with academic partners
 - Their perspective on community-academic approaches to solving health issues
 - Their opinions on how policymakers can work more closely with the community and academic partners to solve health issues.
 - Interview papers are due by 11/14. **Be sure to plan your interview well in advance (months) as it may be very challenging to coordinate your schedule with those of busy individuals.**
 - Provide a reflection paper on the interview (3-4 double-spaced pages with a minimum of 12-point font). Your reflection paper should include:
 - Summary of the interview, including an explanation of the community agency's mission and goals; brief description and background of the community representative being interviewed; and interview format and protocol.
 - Discussion of the questions you asked and the responses provided

College of Public Health & Health Professions Syllabus

- Your personal feelings and reaction to the interview – both intellectual (do you think the interview exposed you to important policy issues and processes related to community health and CBPR?) and emotional (how did the interview make you feel?)

- Please see the posted graded rubric. This project is worth 20% of your final grade.

8. Final Project- Mock CBPR Project

- This group assignment will consist of a mock grant application for a CBPR project.
- The project will be worth 25% of your grade. Please see the Assignment section on the course website for more details.

For technical support for this class, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP - select option 2
- <https://lss.at.ufl.edu/help.shtml>

ACADEMIC REQUIREMENTS AND GRADING

Requirement	Due date	Percent of final grade (% must sum to 100%)
Class Activities	10/10 10/24	10% (5% for each activity) <ul style="list-style-type: none"> • Community Partnership Exercise • Reflection paper on: The Danger of the Single Story
Discussion Board (Introduction Journal club discussion board)	8/29 and Weekly based on schedule	15% <ul style="list-style-type: none"> • 5% for Introduction • 10% of Journal Club Discussion
Journal Club Presentation	See schedule for deadlines	20%
Community Agency Interview Reflection Paper	11/14	20%
Final Project	12/5	25%
Final Exam	12/12	10%

Percent System Used:

% Earned	93 -	90 -	87 -	83 -	80 -	77 -	73 -	70 -	67 -	63 -	60 -	Below 60
Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. The GPA for graduate students must be 3.0 based on 5000 level courses and above to graduate. A grade of C counts toward a graduate degree only if based on credits in courses numbered 5000 or higher that have been earned with a B+ or higher.

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S- U
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College of Public Health & Health Professions Syllabus

Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0
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For greater detail on the meaning of letter grades and university policies related to them, see the

Registrar's <http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#grades> Policy Related to

Make up Exams or Other Work:

Requirements: Students are responsible for all course material, including reading all required materials prior to each lecture. Students should also read your e-mail and announcements in the course several times a week. Students should also reference the calendar in the course to keep up with weekly deadlines.

Make Ups: If you are unable to meet a deadline in this course for a reason approved above and have given prior notification to the instructor when possible, you will be given adequate time to make up any coursework missed. All other missed or late work will receive a grade of zero. Make-up exams will be provided only in cases of excused absences or conflict during final exams per University policy and MUST be discussed with the instructor in advance. Make-up exams will differ from the regularly scheduled exam.

Readings and Discussions: Students should read the assigned readings prior to viewing course lectures and be prepared to discuss the material.

Policy Related to Required Class Attendance

Attendance Policy: Per the University of Florida, students are responsible for satisfying all academic objectives as defined by the instructor. Acceptable reasons for absence include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, and professional conferences), military obligation, severe weather conditions, religious holidays and participation in official University activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Remember that, when possible (i.e. extracurricular activities, official University activities, and religious holidays), prior notification of absence is required if the student plans to be given an extension on assignments. Even though this is an online course, students are expected to log on regularly and participate in the course.

All faculty are bound by the UF policy for excused absences. For information regarding the UF Attendance Policy see the Registrar website for additional details: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

Expectations Regarding Course Behavior

Communication Guidelines

Preferred Course Communications: If you have questions or need to contact me, please email me at scatalanotto@php.ufl.edu account.

Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>

<http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Faculty Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

Policy Related to Guests Attending Class

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are not permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy: <http://facstaff.php.ufl.edu/services/resourceguide/getstarted.htm>

SUPPORT SERVICES

Accommodations for Students with Disabilities

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting <https://disability.ufl.edu/students/get-started/>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health

College of Public Health & Health Professions Syllabus

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- You Matter We Care website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <https://shcc.ufl.edu/>
- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789
<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

Inclusive Learning Environment

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu