## University of Florida College of Public Health & Health Professions Syllabus Course Number: PHC 6146 Public Health Program Planning and Evaluation (3 Credit Hours) Fall 2020

Delivery Format: For Online MPH students: e-Learning in Canvas Course Website or e-Learning in Canvas (*if applicable* 

#### Instructor Name: Amy Blue, PhD

Room Number: M 127 Phone Number: 352-273-8477 Email Address:amy.blue@phhp.ufl.edu Office Hours: Thursdays at 10 AM; by appointment (preferred)

Teaching Assistant: Jayne-Marie Raponi, MPH email: jmraponi@ufl.edu

Preferred Course Communications (e.g. email, office phone): email

Email, email for appointment or stop by office. Please note that night or weekend email may not be answered until next business day.

## PREREQUISITES

PHC 6410 is a pre-requisite, unless exception has been made by the course director.

#### PURPOSE AND OUTCOME

#### **Course Overview**

Students are to acquire knowledge, skills, and methods for conducting public health programming including assessment, design, planning, implementation, and evaluation.

#### **Relation to Program Outcomes**

The course objectives related to several MPH foundational knowledge objectives and competencies:

#### MPH Foundational Knowledge:

1) Explain behavioral and psychological factors that affect a population's health

2) Explain the social, political and economic determinants of health and how they contribute to population health and health inequities.

#### **MPH Foundational Competencies**

1) Apply awareness of cultural values and practices to the design or implementation of public health policies or programs.

2) Design a population-based policy, program, project or intervention.

- 3) Explain basic principles and tools of budget and resource management.
- 4) Select methods to evaluate public health programs.

#### **SBS Competencies**

- 1) Critically evaluate public health social and behavior science research.
- 2) Apply social and behavioral science theories and concepts to public health problems.
- 3) Design and implement a public health intervention and/or health information campaign.

#### **Course Objectives and/or Goals**

Upon completion of the course, students will be able to:

- 1. Explain the role of environmental (social and physical) and behavioral interventions for improving public health.
- 2. Identify at least five examples of effective human interventions at community, policy, and organizational levels.
- 3. Describe the purpose of a public health program, its process from the assessment, design, planning, implementation, and evaluation.
- 4. Elaborate public health program missions, objectives and goals, according with the target group's needs.
- 5. Apply behavioral and social science research, theories and concepts as well as health education theory and experience to implement a public health intervention.
- 6. Create a proposal for a public health program addressing a community's particular health and wellness needs.

#### Instructional Methods

This course will emphasize an adult-learner, student-centered approach. Students will be expected to apply knowledge gained through recorded class lectures, class readings and their own experience during class activities as well as a required group project. Students will apply approaches and methods of public health program planning through course assignments and group project work. In this manner, students should acquire the knowledge and skills associated with the course objectives.

#### What is expected of you?

Specific expectations of the course, detailed below in the Academic Requirements and Grading section include: a) completing reading assignments from textbook and other assigned articles; b) participation in class discussions and activities; c) completion of individual assignments in Canvas each week; d) completion of a group project and associated a class presentation; e) completion of two quizzes (online); and f) completion of an individual grant proposal (weekly assignments in Canvas build upon grant proposal components).

#### DESCRIPTION OF COURSE CONTENT Topical Outline/Course Schedule

Week	
1	Topic: Overview of Course
8/31-9/6	Read: 1) Course Syllabus
	2) How Diversity Makes Us Smarter by KW Phillips
	3) Why Diverse Teams are Smarter by D Rock and H Grant
	View: Course Introduction
	Complete by 9/6: Group Project work: a) Possible topics b) Team Contract

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Week										
2	Topic: Starting the Planning Process and Models for Planning									
9/7-913	<b>Read:</b> Chapter 2: Starting the Planning Process Chapter 3: Models for Program Planning and Health Promotion									
	View: Chapter 2 presentation Chapter 3 presentation									
	Complete Individual Assignment: Potential grant topics									
	By 9/13: Group Project work: Possible topics and planning model									
3	Topic: Assessing Needs									
9/14-9/20	Read: Chapter 4: Assessing Needs									
	View: Chapter 4 presentation									
	Complete Individual Assignment									
	By 9/20: Group Project work: Topic and rationale, including needs assessment									
4	Topic: Measurements and Instruments									
9/21-9/27	Read: Chapter 5: Measurement, Measures, Measurement, Instruments, Sampling									
	View: Chapter 5 Presentation									
	Complete Individual Assignment									
	By 9/27: Group Project work: Project planning									
5	Topic: Mission Statements, Goals and Objectives									
9/28-10/4	Read: Chapter 6: Mission Statements, Goals and Objectives									
	View: Chapter 6 Presentation									
	Complete Individual Assignment									
6	By 10/4: Group Project work: Project goals and objectives Topic: Theories and Models for Health Promotion									
0 10/5-10/11	Read: Chapter 7: Theories and Models for Health Promotion									
	View: Chapter 7 presentation									
	Complete Individual Assignment									

Week	
	By 10/11: Group Project work:: Theory related to intervention
7	Topic: Interventions
10/12-10/18	Read: Chapter 8: Interventions
	View: Chapter 8 presentation Quiz 1 review
	Complete individual Assignment
	By 10/18: Group Project work: Project plan/intervention
8	Topic: Program Evaluation
10/19-10/25	Read: Chapter 13: Evaluation: An Overview Chapter14: Evaluation Approaches and Designs
	View: Chapter 13 and 14 presentations
	Complete Individual Assignment
	By 10/25: Group Project work: Project evaluation plans
	Quiz 1 online: Chapters 2,3,4,5,6,7, and 8
9	Topic: Marketing Pubic Health Programs
10/26-11/1	Read: Chapter 11: Marketing: Developing Programs that Respond to the Wants and Needs of the Priority Population
	View: Chapter 11 presentation
	Complete Individual Assignment
	By 11/1: Group Project work: Marketing plan for project
10	Topic: Program Implementation and Logic Models
11/2-11/8	Read: Chapter 12 Implementation: Strategies and Associated Concerns
	View: Chapter 12 presentation
	Complete Individual Assignment
	By 11/8 Group Project work: Program planning/implementation
11	Topic: Community Organizing and Building
11/9-11/15	Read: Chapter 9: Community Organizing and Community Building
	View: Chapter 9 presentation

Week	
	Complete Individual Assignment
	By 11/15: Group Project work: Program implementation and evaluation
12	Topic: Resources for Program Planning
11/16-11/22	Read: Chapter 10: Identification of Resources
	View: Chapter 10 presentation Quiz 2 Review
	Complete Assignment
	By 11/22: Group Project work: Program evaluation and preparation of presentation
13	Topic: Finalize Group Project Presentation for submission by 12/6
11/23-11/29	Complete individual assignment 13
14	Topic: Quiz 2
11/30-12/6	By 12/6: Quiz 2 Online: Chapters 9,10,11,12,13 & 14
	Group Project Presentations submitted in Canvas – due 12/6
15	Reading Week
12/7-12/13	Grant Applications due Monday, 12/14 at 11:59 PM
16	Grant Applications due Monday 12/14 at 11:59 PM
12/14-12/18	

## **Course Materials and Technology**

Required: Planning, Implementing, and Evaluating Health Promotion Programs: A Primer (7<sup>th</sup> Edition) Paperback). By James F. McKenzie. Publishwe: Pearson (2017); **ISBN-10:** 0134219929 **ISBN-13:** 978-0134219929

## **Additional Technologies**

Not required

#### **Technical Support**

For technical support for the materials posted in the course e-Learning site, activities, and assessments, please post in the appropriate discussion or contact:

Name: Not applicable Phone Number: Email Address:

For all other technical support for this class, please contact the UF Computing Help Desk at: Phone Number: (352) 392-HELP (4357) Option 2

## **Required Equipment**

See <u>UF Student Computer Requirements</u>. Your program may have additional requirements. For this course you will need a computer that can run HonorLock and the Google Chrome browser with high speed internet access, a webcam, and microphone.

For technical support for this class, please contact the UF Help Desk at:Learning-support@ufl.edu, (352) 392-HELP (option 2), or https://lss.at.ufl.edu/help.shtml 3

## ACADEMIC REQUIREMENTS AND GRADING Assignments

Individual weekly assignments: 60 points (20% of grade)

Students are expected to complete weekly assignments. There will be points awarded for each assignment. Weekly class assignments are associated with the required grant proposal and are meant to help you prepare sections of the grant and obtain peer and instructor feedback on your grant sections. [Note, you may have one excused absence without penalty; there are 13 opportunities at 4.6 points each week).

#### Group Project – Implementation of Health Promotion Project: 75 points (25% of grade)

In groups, students will plan a health promotion project and implement it during the semester. This project may build upon work students have previously done. The Canvas course site has milestones for completion and each week a brief project progress report is due to help guide the group with its work and provide opportunity for instructor input and feedback.

The class project presentation should be in PowerPoint and contain the following elements:

- Group Member Names and Project Title
- Background of project importance/need and theoretical framework
- Project purpose
- Project method
- Evaluation results (Process or Outcome)
- Conclusions
- Implications of findings
- Lessons learned from conducting the project

The PowerPoint presentation should be no more than 10 minutes in length and must be recorded and submitted as a group assignment in Canvas. All group members must participate in the presentation. The **Project PowerPoint presentation is due on Sunday, December 6**<sup>th</sup> **by 11:59 PM and should be submitted in Canvas.** 

*Quizzes:* 30 points per each quiz (10% of grade per quiz; 60 points total for both quizzes and 20% of overall grade)

Students are required to complete two quizzes (short answer) online. Quiz questions will be drawn from each of the assigned chapters; specific chapters for each quiz are listed in the syllabus. The quizzes will be administered on-line and dates when quizzes are available will be during the week indicated in the syllabus, and post in Canvas. HonorLock will be used for the quizzes – please read the section of this syllabus that explains HonorLock.

#### Public Health Planning Proposal: 105 points total (35% of grade)

Students are expected to write a Public Health Planning grant per the class instructions. The grant template is from an AETNA Cultivating Healthy Communities 2018 Grant program and students are expected to complete items in both the Stage 1 and Stage 2 requirements. Individual assignments in Canvas will provide

milestones for grant work. Students are to follow grant instructions and to prepare the final document with the RFP headings in a Word document.

Project proposals are due Monday, December 14th by 11:59 PM in Canvas. Proposals received after the deadline will have 10 points for every 24 hour period that passes after the deadline.

Requirement	Due date	Points or % of final grade (% must sum to 100%)
Individual Assignments	Each week	60 (20% of grade)
Quiz 1	Week 8	30 (10% of grade)
Quiz 2	Week 14	30 (10% of grade)
Group Project Presentation	December 6	75 points (25% of grade)
Individual Grant	December 14 <sup>th</sup> at 11:59 PM	105 points (35% of grade)

#### Grading

Point system used (i.e., how do course points translate into letter grades).

Points	279-	270-	260-	250-	240-	230-	220-	210-	200-	190-	180-	<179
earned	300	278	269	259	249	239	229	219	209	199	189	
Letter Grade	A	A-	B+	В	B-	C+	С	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. A grade of C counts toward a graduate degree only if an equal number of credits in courses numbered 5000 or higher have been earned with an A. In addition, the Bachelor of Health Science Program does not use C- grades.

#### Letter grade to grade point conversions are fixed by UF and cannot be changed.

Letter	A	A-	<i>B</i> +	В	B-	C+	С	C-	D+	D	D-	Е	WF		NG	S-U
Grade																
Grade	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0
Points																

For greater detail on the meaning of letter grades and university policies related to them, see the <u>Grading and</u> <u>Grade Policies</u> posted by the Registrar's Office.

## Exam Policy

#### About HonorLock and Quizzes

## HonorLock Proctoring Services

This course will be using HonorLock, a proctoring service for graded quizzes. HonorLock ensures quiz integrity and enables administration of remote online quizzes.

- No pre-scheduling is required. You can take your quiz at any time during the window it is open in Canvas.
  - However, I caution you not to wait until the last minute, because you will run the extreme risk of having the quiz close out automatically before you have had your full number of allowed minutes. The quiz will close out at the time set in Canvas regardless of how many minutes you have left to take the quiz, and you will not be able to finish.

- HonorLock will record and audit your entire quiz session.
- All recorded quiz sessions will be reviewed as part of your final grade.
- Instances of cheating or inappropriate behavior will be considered violations of the Student Honor Code and will result in disciplinary action.
- Students will need to have **Google Chrome**, a microphone and webcam in place during the testtaking period. An inexpensive webcam and microphone should work fine. Students will NOT be allowed to take a quiz without a webcam.
- Students will need to have some administrative rights on the computer they are using for the quiz to enable the proctoring service to function.
- It is recommended that students not use a wireless Internet connection for quizzes. Please consider wire connecting your wireless laptop to your modem for a more reliable Internet signal during the quiz. Inexpensive modem cables are available in most electronic stores and online.

## HonorLock Set-up

HonorLock is a user-friendly system, but you must follow these guidelines to register and take your quizzes:

- 1. Review the following HonorLock Student Information to obtain an overview of HonorLock:
  - Honorlock Student Exam Preparation Information (PDF) Taking Quizzes

Again, no pre-scheduling is required. You can take your quiz at any time during the window it is open in Canvas. However, as mentioned before, I caution you not to wait until the last minute, because you will run the extreme risk of having the quiz close out automatically before you have had your full number of allowed minutes. The quiz will close out at the time set in Canvas regardless of how many minutes you have left to take the quiz, and you will not be able to finish.

- Please plan on extra time to complete your quiz to accommodate connection time and any technical issues that arise.
- No human proctor will appear. You will take your quiz with your camera recording the entire session.
- Once you finish and submit your quiz, you will log out, and the quiz session will be audited at HonorLock.

Keep the following in mind:

- 1. You must use Google Chrome browser with HonorLock
- 2. When it is available open your quiz in Canvas.
- 3. Click "Get Started" and "Install Extension".
- 4. Click "Add extension" and then "Take the Quiz".
- 5. Click "Launch Proctoring" and "Allow" (HonorLock to use your camera).
- 6. Take the required photo by clicking "Take Photo" and click "Accept" if there is a clear image of you on screen. Otherwise "Redo".
- 7. Take the required photo of your picture ID.
- 8. "Begin the Room Scan" by clicking and then scan the room with your camera. Click "I'm done once complete.
- 9. Take the quiz as normal.
- 10. Finish the quiz, and HonorLock will automatically save and close as well.

#### Quiz and Exam Rules

Check your syllabus for other rules related to quizzes and exams.

• Quizzes will be administered as described in the course schedule.

- Quizzes are closed book, closed notes unless otherwise documented.
- Quizzes may be taken at a student's home. Students must plan to take their quizzes in an environment where other people are not in the room during the quiz.
  - You are required to pan your camera around the room and your desk and clear it of anything not allowed in the quiz.

#### Support:

Chat on screen or call HonorLock at 855-828-4004 for 24/7 support assistance. Then contact your faculty and TA to let them know you had an issue.

#### Policy Related to Make up Exams or Other Work

All work must be completed by the due date. Students need to contact the course instructor and teaching assistant in advance if this is going to be a problem so that alternative arrangements can be made.

#### Policy Related to Technical Issues

Please note: Any requests for make-ups due to technical issues MUST be accompanied by the UF Computing Help desk correspondence. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

#### Policy Related to Required Class Attendance

Requirements for class attendance and make up exams, assignments, and other work in this course are consistent with university policies that can be found at UF <u>Attendance Policies</u>.

#### STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

#### Expectations Regarding Course Behavior

Students are expected to participate fully in class and conduct themselves in a professional, respectful manner with classmates, course instructor teaching assistant, staff, and community members at all times. Part of the course learning will involve improving teamwork skills and students are expected to engage in effective teamwork behavior during class and project work.

#### **Communication Guidelines**

If a student has a question, concern or particular need, he or she may contact the course instructor and/or teaching assistant via email or after class. Email will be answered with 24 hours during weekdays and maybe up to 48 hours on the weekend or during holidays, unless an urgent request is made.

#### Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

# "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity."

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

#### "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary

action. For additional information regarding Academic Integrity, please see <u>Student Conduct and Honor</u> <u>Codes</u> information at the Dean of Students Office website or the <u>Academic Expectations</u> information at the Graduate School website for additional details.

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

#### **Online Faculty Course Evaluation Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <a href="https://gatorevals.aa.ufl.edu/students/">https://gatorevals.aa.ufl.edu/students/</a>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <a href="https://ufl.bluera.com/ufl/">https://ufl.bluera.com/ufl/</a>. Summaries of course evaluation results are available to students at <a href="https://gatorevals.aa.ufl.edu/public-results/">https://gatorevals.aa.ufl.edu/public-results/</a>.

**Policy Related to Guests Attending Class:** Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are **not** permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy:

http://facstaff.phhp.ufl.edu/services/resourceguide/getstarted.htm

## SUPPORT SERVICES

#### Accommodations for Students with Disabilities

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <a href="http://www.dso.ufl.edu">http://www.dso.ufl.edu</a> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Students in UF Health Sciences programs should be mindful that unique course accommodations may not be applicable in a clinical, fieldwork or practicum setting. Thus, planning a semester in advance with the DRC Health Sciences Learning Specialist, Lisa Diekow <u>ldiekow@ufsa.ufl.edu</u>, is highly encouraged.

## **Counseling and Student Health**

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <u>http://www.counseling.ufl.edu</u>. On line and in person assistance is available.
- You Matter We Care website: <a href="http://www.umatter.ufl.edu/">http://www.umatter.ufl.edu/</a>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel. The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental

Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: <u>https://shcc.ufl.edu/</u>

 Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789
 <a href="http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx">http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx</a>

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

## Inclusive Learning Environment

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, **"The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu**