PHC 6446 Systems Thinking in One Health (3 credit hours)

Spring: 2020 Delivery Format: On-Campus Course Website: E-Learning

Instructor Name: Ilaria Capua Room Number: McCarty Hall D, Room G-047 Phone Number: 352 294 8465 Email Address: icapua@ufl.edu Office Hours: Tuesdays 2- 3 p.m. (appointment required) Teaching Assistant: Olga Munoz Teaching Assistant email: omunoz@ufl.edu Preferred Course Communications (e.g. email, office phone): canvas email

Prerequisites

Bachelor's or equivalent degree in any field. Other degrees will be considered under instructor's discretion.

Purpose and Outcome

Course Overview

The course is designed for graduate students with a diverse background who intend to expand their knowledge on the multiple dimensions of the One Health vision. Students will be exposed to a variety of lectures, which will be delivered by experts on specific topics as they relate to health. Each lecture will be complemented with a One Health convergence dialogue, in a cross-cutting perspective. Further, the Sustainable Development Goals (SDGs) will serve as the backbone and roadmap to the course. At the beginning of the semester, each student will be randomly assigned one SDG. This SDGs will be each student's focus for the duration of the course. Therefore, each student is expected to read about them and master them by the end of the course. Each student will be asked to advocate for her/his SDGs and describe how they intersect with health topics that will be developed during the course, and with other SDGs.

Relation to Program Outcomes

Through this course, students will be able to:

- 1. Acquire transversal tools to develop novel perspectives to manage real-life complex health problems within and beyond the human health animal health- environmental health triad.
- 2. Develop a common language and strengthen the dialogue between different disciplines around One Health.
- 3. Create professional and research networks in One Health.
- 4. Identify and expand areas at the interface between health and different disciplines.
- 5. Increase competitiveness in the working environment through a multidisciplinary and systems thinking approach.

Course Objectives and/or Goals

Upon completion of this course, students will be able to:

- 1. Describe and apply the One Health philosophy to real-world public health problems .
- 2. Analyze and apply One Health tools derived from different disciplines.
- 3. Evaluate and analyze complex/contradictory health problems and propose One Health research approaches.
- 4. Recognize and select communication and leadership tools to be applied in a One Health setting.
- 5. Adapt traditional problem-solving approaches, by engaging other disciplines and designing multi and transdisciplinary approaches, and interdisciplinary teams.
- 6. Analyze the Sustainable Development Goals and understand how they are connected to each other and other topics.

Instructional Methods

- 1. Lectures: External and internal University of Florida speakers will deliver theoretical recorded and/or live lectures complemented with a description of real-life examples which will enable students to integrate the knowledge they acquire into a systems-thinking approach. Students are responsible for reading the assigned readings before the lecture. This will be the main source of content for this course.
- 2. In-class discussions: students are expected to prepare for active discussion on the topics of the week.
- 3. Readings and Resources. Readings and resources will be posted in the course through Canvas. The reading list may be supplemented during the course.
- 4. Assessments: one group presentation, one essay pertaining to this presentation, 10 written and graphical assignments, one essay pertaining to these written assignments, and the following assignments related to the SDGs: 5 in-class discussions, one introductory presentation, and one final presentation. All presentations will be recorded.

Description of Course Content

The course will be composed of six modules:

<u>Module 1: Introduction methodology and goals</u>: This module will introduce students to the concept of One Health and systems thinking, and how these lenses can be applied to reframe current views, problems, and solutions. Students will also be exposed to the novel concept of Circular Health

Modules 2, 3, 4 and 5 will focus on examples of complex systems as they relate to health.

<u>Module 2: Health and healthcare as a concept and overview of healthcare systems.</u> This module will explore human health and human health systems through the lens of philosophy, ethics and health economics. <u>Module 3: Biodiversity challenges:</u> students will have an overview on the current challenges that come with biodiversity loss and displacement.

<u>Module 4 Globalization and disease</u>: evolving infectious diseases and ecology. This module will also introduce students to environmental health and to the interface between human health and agriculture <u>Module 5: Food Systems:</u> This module will address production, animal health and its sustainability, including some political, economic, social, and cultural factors that regulate food production.

<u>Module 6: Emerging interfaces</u>: One Health communication and stewardship. This module will expose students to core competencies for working in a collaborative and interdisciplinary environment and to communication skills.

Topical Outline/Course Schedule

Module	Week	Date	Торіс	Lecturer	Classroom	Readings
1	1	01/07	Introduction to the course and syllabus	Ilaria Capua	Assignment of one SDG to each student, and of groups	SDGs: <u>https://www.un.org/sustainabledevelopment/sustainable-</u> <u>development-goals/</u> Fisher et al., 2019
	1	01/09	From No Data to Big Data The concept of circularity in health One Health connectors	Ilaria Capua	Lectures and Q&A with IC	Capua and Cattoli, 2018; Evans and Leighton, 2014; Chapters 1 and 2 from: "Integrated approaches to health. A handbook for the evaluation of One Health"
	2	01/14	Science and Populism	Ilaria Capua	Lectures and Q&A with IC	Required: Capua, 2018 Suggested: Movie "Anti-Science the case of Ilaria Capua"
	2	01/16	Systems thinking	Christa Court		TBD
	3	01/21	Mixed methods research	Sarah McKune		TBD; Voinov et al., 2018
2	3	01/23	Definition of Health and disease	Sara Agnelli	30 mins SDGs: 4 (Quality Education) and 10 (Reduced Inequalities) presentations 15+15 minutes	TBD

					Group Discussion	
	4	01/28	Key characteristics of health and healthcare	Rosanna Tarricone (Bocconi University, Italy)		Caselli et al., 2019
	4	01/30	Healthcare systems around the world: an overview	Aleksandra Torbica (Bocconi University, Italy)	30 mins SDGs: 3 (Good Health and Wellbeing) and 6 (Clean Water and Sanitation) 15+15 Group Discussion	Part I of "The Myths of Health Care" Adinolfi and Borgonovi, Eds.
3	5	02/4	Tree of Life	Douglas Soltis		Ishaq et al., 2019
	5	02/6*	Biodiversity	Pamela Soltis	30 mins SDGs: 9 (Industry, Innovation, and Infrastructure) and 15 (Life on Land) Recorded	Garrett et al., 2019
	6	02/11*	Status of Honey Bee Population in U.S.	James Ellis	Discussion with CM and OM	Li et. al, 2018

	6	02/13*	Invasive species	Deah Lieurance	30 mins SDGs: 14 (Life below water) and 12 (Responsible consumption and Production) Recorded	Andersen et al., 2004; Vila et al., 2011; Allan et al., 2010
4	7	02/18	Vector borne	Carla Mavian	15 mins SDG: 11 (Sustainable cities and Communities)	Mavian et al., 2018, Grubaugh et al., 2017; Gardner et al., 2017
	7	02/20	Responding to Zika, Ebola, Pandemic Influenza, and other Infectious Disease Threaths	Sonja Rasmussen	15 mins SDG: 16 (Peace, Justice, and strong Institutions)	Bell et al., 2016; Rasmussen et al., 2016; Siston et al., 2010
	8	02/25	Environmental health and drivers of change	Song Liang	QA session with SL	TBD; Bedford et al., 2019
	8	02/27	Introduction to Digital Epidemiology	Daniela Paolotti (Institute for Scientific Interchange, Turin, Italy)	15 mins SDG: 17 (Partnerships for the Goals)	Vayena et al., 2015
5	10	03/10	New Directions in the Food System	Spiro Stefanou		Kickbusch, 2010; Food for Thought, 2017; The Future of retail supply chains;1843 magazine, Death of the calorie

	10	03/12	Part 1: Where are we now? Part 2: where are we headed Resilience in the economy	Spiro Stefanou	General discussion on	https://www.1843magazine.com/features/death-of-the-calorie
	11	3/17	OIE, FAO and the intersection with WHO and WTO	Saskia Hendrickx	Food Systems Discussion with IC and SH	Perry et al., 2013 The Tripartite's Commitment
	11	03/19	Climate Change and Crops	Senthold Asseng	15 mins SDG:7 (Affordable and Clean Energy)	Asseng and Asche, 2019
	12	03/24	Value Chain Perspectives: An insight into livestock systems and gender roles	Renata Serra	Discussion with IC and RS (TBD)	Required: Coles and Mitchell, 2011; Kristjanson et al, 2010; Farnworth, et al., 2015 Suggested: FAO, 2014; 2017; Gallina, 2016; Galiè and Kantor, 2016.
6	12	03/26	From Integrative Medicine to Integrative Environmental Law	Alyson Flournoy	Group discussion on Horton 2014	Horton, 2014
	13	3/31	One Health: Challenging and Promoting Ethics in Research	Catherine Striley		Antoine-Moussiaux et al., 2019; Johnson et al., 2019; DuBois et al, 2018

13	4/2	Art and Science Leonardo Genius	Guest Lecturer in collaboration with UF Center for European Studies	Open to UF faculty and students	
14	4/7	Introduction to Communication The Message: Communicating Competently	Jade Williams	Group discussion	TBD
14	4/9	Public Interest Communication	Ricky Telg Ashley McLeod	35 minutes recorded lecture One-hour communication workshop	TBD
15	4/14	Community network integration	Jeff Wilson (Novometrix, Canada)	Group discussion	TBD
15	4/16	Presentations group work (Article exploring wicked problem)	Students	15 mins/group+ 10 Q&A	
16	4/21	Discussion on crises/scenarios	Students and IC		
16	4/23	Reading day	1	1	
17	4/28	Discussion on	Students and		

		crises/scenarios	IC	
17	4/30	SDG final presentations and Wrap up	Students and IC	

Course Materials and Technology

The students will need access to a computer, as Canvas, the learning management system supported by the University, will be used as a platform. Log in at https://lss.at.ufl.edu/ and go to course site for PHC6446-Systems Thinking in One Health. Canvas can also be used for communication between the students and course instructors.

Further reading materials will be recommended by the speakers on a lecture basis and will be posted on Canvas. Students are responsible to read the materials before the lectures.

No other type of technology will be needed.

For technical support for this class, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP select option 2
- https://lss.at.ufl.edu/help.shtml

Academic Requirements and Grading

Assignments

The students will be assessed through one group presentation, one essay pertaining to this presentation, 10 written and graphical assignments, one essay pertaining to these written assignments, and the following assignments related to the SDGs: 5 in-class discussions, one introductory presentation, and one final presentation.

Group Presentations (150 points)

Students will be divided in groups of 3 to 5 people maximum with an attempt to create multidisciplinary teams. Each group will be assigned or will choose a newspaper/magazine or a scientific journal article. Each article will pertain to a different area of health and/or discipline that intersects health and presents a wicked problem. The group will present via a recorded, zoom, or live presentation, by the end of the semester. The presentation will include a summary of the article, highlighting and explaining the 5 major drivers of the problem and proposing one multidisciplinary approach which could contribute to reducing/solving the problem. The group should also include the assigned SDG perspective/link of each member. All the groups will have access to all the articles. Each group will have 15 minutes to present, followed by 10 minutes of Q&A.

Group members are expected to:

1. Actively participate in the topic formulation by contributing well-researched answers, including data, links to relevant web sites, or attached copies of articles, presentations, etc. as needed.

2. Present the contents of the article in an appropriate manner, by applying leadership and communication tools related to a One Health setting.

3. Lead the discussion and respond to other members of the class, by applying leadership and communication tools related to a One Health setting.

4. Critically appraise, evaluate and analyze the contents of the article through a One Health philosophy.

5. Clearly show how the One Health tools they have learned could apply to solving/researching the problem/solution/intervention stated in the paper.

6. Propose potential solutions/interventions and/or research of the issues addressed in the article, by applying multi/trans and interdisciplinary approaches.

Rubric:

	Points
Clear summary of the information and statement of	10
the problem presented.	
Appropriate (quality, capacity to convey the message,	45
and applying communication tools learned through	
the course) visual/audio/etc. tools for presenting.	
Appropriate leadership of discussion.	30
Critically appraise, evaluate and analyze the contents	20
of the article through a One Health philosophy (what	
have the authors missed and what have they	
included) and link it to each member's SDG.	
Clear description of how One Health and the tools	20
learned throughout the course can be applied to	
solve/approach/research the problem through	
proposing a study/intervention.	
Propose potential solutions/interventions and/or	20
research of the issues addressed in the article, by	
applying multi/trans and interdisciplinary approaches.	
Proper citation of relevant sources (following the	5
American Medical Association citation style).	

Essay based on group presentation (Essay 1-250 points)

This assignment will follow the group discussion and will be based on the same articles. The aim of this assignment is to allow students to be able to express their point of view in a more focused manner. Each student will have to present his/her perspective on the article in an essay format. Each student is responsible for his/her own essay. The essay will be minimum 800 words and a maximum of 1200 words, 11-point font. The essay should contain:

- 1. Clear summary of the information and statement of the problem presented.
- 2. Critically appraise, evaluate and analyze the contents of the article through a One Health philosophy.
- 3. Clear description of how One Health and the tools learned throughout the course can be applied to solve/approach/research the problem by proposing a study/intervention.
- 4. Propose potential solutions/interventions and/or research of the issues addressed in the article, by applying multi/trans and interdisciplinary approaches.
- 5. Demonstration of how your area of expertise can be applied to solve/approach/research the problem.
- 6. Proper citation of relevant sources.

The essay will be published on the One Health Canvas.

Rubric:

	Points
Clear summary of the information and statement of	15
the problem presented.	
Critically appraise, evaluate and analyze the contents of the article through a One Health philosophy (what have the authors missed and what have they included).	30

Clear description of how One Health and the tools learned throughout the course can be applied to solve/approach/research the problem through proposing a study/intervention (expand on one proposal).	75
Propose potential solutions/interventions and/or research of the issues addressed in the article, by applying multi/trans and interdisciplinary approaches (expand on one proposal).	75
A demonstration of how the student's area of expertise and/or cultural perspective can be applied to solve/approach/research the problem.	50
Proper citation of relevant sources (following the American Medical Association citation style).	5

Assignments 1 through 10 (30 points each- 300 points)

Each student will be assigned or will choose an agricultural, environmental, public health, and/or ethical crisis/scenario and throughout the course, the student will study its past (origins and context), present (current status), and propose long term solutions from a One Health perspective. The same crisis/scenario may be assigned or chosen by more than one student. At the end of the semester a guided group discussion will focus on how each student approached the crisis/scenario to highlight the importance of multiple perspectives. Each assignment will be presented in a graphical/visual format (in the shape of pictures, diagrams, infographics, etc.), and/or a maximum 250-word description.

Rubric:

	Points
Identification and justification for selecting the topic and drivers.	10
Description of the driver (how and why is it related to	15
the crisis/scenario).	15
Proper citation of relevant sources (following the	5
American Medical Association citation style).	

Essay based on written assignments (Essay 2- 300 points)

This essay will present the summary of the crisis/scenario accompanied by a critical analysis of its past, present, and future. The essay will be a minimum of 800 words and a maximum of 1200 words, 11-point font. The essay should contain the following:

- 1. A critical appraisal, evaluation, and analysis of the topic from a One Health perspective.
- 2. Clear identifications of what the student regards as the main variables/factors driving the crisis (at least 3), using a One Health and systems thinking perspective.
- 3. A demonstration of how the student's area of expertise and/or cultural perspective can be applied to solve/approach/research the problem.
- 4. A proposal of at least 2 manners for improving the crisis.
- 5. The link with the assigned SDG.
- 6. Proper citation of relevant sources.

Rubric:

	Points
A critical appraisal, evaluation and analysis of the	58
topic from a One Health perspective.	
Clear identifications of what the student regards as	58
the main variables/factors driving the crisis (at least	
3), using a One Health and systems thinking	
perspective.	
A demonstration of how the student's area of	58
expertise and/or cultural perspective can be applied	
to solve/approach/research the problem.	
The link with the assigned SDG	58
A proposal of at least 2 manners for improving the	58
crisis/scenario.	
Proper citation of relevant sources (following the	10
American Medical Association citation style).	

SDGs in-class discussions and presentations (240 total)

At the beginning of the semester, each student will be randomly assigned one SDG. This SDG will be her/his focus and will contribute to form the student's point of view in class discussions, assignments and presentations. Based on this SDG the student will have to deliver a 10-minute introductory presentation between week 3 and 11 that includes a summarized description of the SDG and its potential connections to the week's topic, encompassing the synergies and trade-offs with the topic. Further, at the end of the semester, each student will give a final presentation of their SDG in 3 minutes (all presentations will be recorded) that includes the description of the SDG, main synergies between the SDG and three further SDGs, and three ideas to implement synergies. Presentations will be followed by group discussions. Students are required to actively contribute at least 5 times during the discussions. These discussion interventions should last not more than 2 minutes and include the link between the SDG presented by their colleague and their own SDG, and the link between their SDG and that week's topic. At the beginning of the semester, students will choose the 5 topics during which they would like to intervene.

Rubric SDG introductory presentation (80 points):

	Points
Summary of the SDG	40
Description of how the SDG is related (also	40
potentially) to the topic, including synergies and	
trade-offs	

Rubric in-class discussion (10 points each):

	Points
Link to SDG presented	5
Link to topic presented	5

Rubric SDG final presentation (110 points):

	Points
Clear description of the SDG	10
Main synergies between the SDG and 3 other SDGs	50

Three ideas to implement synergies	50

Extra points (max 50)

During lectures questions related to the articles may be posted or presented in the classroom and answers will be considered for extra points.

Grading

Requirement	Due date	Points
Identification and selection of crisis	01/10	No grade
Identification and selection of a group article	01/10	No grade
Assignment 1, Summarized description of the crisis.	01/19	30
Assignment 2, Identification and description of one driver that contributed to the origins of the crisis.	01/26	30
Assignment 3, Identification and description of a second driver, stemming from a different field, that contributed to the origins of the crisis.	02/02	30
Assignment 4, Identification and description of a third driver, stemming from a different field, that contributed to the origins of the crisis.	02/09	30
Assignment 5, Identification and description of one driver that contributes to the maintenance/status quo of the crisis.	02/23	30
Assignment 6, Identification and description of a second driver, stemming from a different field, that contributes to the maintenance/status quo of the crisis.	03/08	30
Assignment 7, Identification and description of a driver factor, stemming from a different field, that contributes to the maintenance/status quo of the crisis.	03/15	30
Assignment 8, Identification and description of a potential solution and/or area of research.	03/29	30
Assignment 9, Identification and description of a second potential solution and/or area of research.	04/05	30
Assignment 10, Identification and description of a third potential solution and/or area of research.	04/12	30
SDG introductory presentation	Week 3- 11	80
SDG in-class discussions 1-5	Week 3- 11	50
Group presentation	04/16	150
Essay 1	04/24	250
Essay 2	04/24	300
SDG final presentation	04/30	110
TOTAL		1240

Point system used (i.e., how do course points translate into letter grades).

Points Earned	Percentage Earned	Letter Grade
1154-1240	93-100	А
1116-1153	90-92	A-
1079-1115	87-89	B+
1029-1078	83-86	В
992-1028	80-82	B-
955-991	77-79	C+
905-954	73-76	С
868-904	70-72	C-
831-867	67-69	D+
781-830	63-66	D
744-780	60-62	D-
Below 744	Below 60	E

Please be aware that a C- is not an acceptable grade for graduate students. The GPA for graduate students must be 3.0 based on 5000 level courses and above to graduate. A grade of C counts toward a graduate degree only if based on credits in courses numbered 5000 or higher that have been earned with a B+ or higher. In addition, the Bachelor of Health Science and Bachelor of Public Health Programs do not use C-grades.

Letter	Grade
Grade	Points
A	4.0
A-	3.67
B+	3.33
В	3.0
B-	2.67
C+	2.33
С	2.0
C-	1.67
D+	1.33
D	1.0
D-	0.67
E	0.0
WF	0.0
I	0.0
NG	0.0
S-U	0.0

More information on UF grading policy may be found at: http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#grades

Exam Policy

Policy Related to Make up Exams or Other Work

Late assignments

Written assignments turned in up to 24 hours late will be discounted **10%** of the grade that they would otherwise receive. Assignments turned in more than 24 hours late will **not** be graded and will contribute zero points toward your final grade, unless arrangements have been made in advance with the instructor. Missed assignments will contribute zero points toward your final grade.

You can miss group presentations only under special circumstances. An appropriate assignment to make up for the missed presentation will be discussed on an individual basis.

Special Circumstances. In the event of exceptional situations that may interfere with your ability to perform an assignment or meet a deadline, contact the instructor as soon in advance of the deadline as possible. Such special cases will be dealt on an individual basis, provided that you have sufficient documentation.

Please note: Any requests for make-ups due to technical issues MUST be accompanied by the UF Computing help desk (<u>http://helpdesk.ufl.edu/</u>) correspondence. You MUST e-mail me within 24 hours of the technical difficulty if you wish to request a make-up.

Policy Related to Required Class Attendance

An attendance sheet will be signed at the beginning of each session for the on-campus classes.

Please note all faculty are bound by the UF policy for excused absences.

Excused absences must be consistent with university policies in the Graduate Catalog (<u>http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#attendance</u>). Additional information can be found here: <u>https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx</u>

Student Expectations, Roles, and Opportunities for Input

Expectations Regarding Course Behavior

You are expected to maintain a civil tone and respect the opinions of other posters. While commenting on others' posts is encouraged, aggressive or patronizing tone and language are unacceptable and may result in the loss of your posting and discussion privileges

Communication Guidelines

You are required to contact the professor by email using the "Inbox" in Canvas for clarification and assistance with the course material and the assignments, and for special issues that may arise. Weekday daytime (US Eastern Time) emails have the best chances of being answered quickly. Please only use the Canvas "Inbox" to communicate with the course instructor and/or TA. While the instructors and TAs will check their UFL email regularly, they will not be held responsible for email sent directly to their UFL addresses.

Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

"We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity."

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

"On my honor, I have neither given nor received unauthorized aid in doing this assignment."

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/

http://gradschool.ufl.edu/students/introduction.html

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Online Faculty Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at https://gatorevals.aa.ufl.edu/public-results/.

Policy Related to Guests Attending Class

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Please note that guests are **not** permitted to attend either cadaver or wet labs. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy in its entirety. Link to full policy: http://facstaff.php.ufl.edu/services/resourceguide/getstarted.htm

SUPPORT SERVICES

Accommodations for Students with Disabilities

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <u>http://www.dso.ufl.edu</u> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of

accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <u>http://www.counseling.ufl.edu</u>. On line and in person assistance is available.
- You Matter We Care website: <u>http://www.umatter.ufl.edu/</u>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: https://shcc.ufl.edu/
- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789 http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

Inclusive Learning Environment

Public health and health professions are based on the belief in human dignity and on respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu